

**Dose Optimization Program Drugs**  
**Effective 6/1/2010**

Please contact your clinician to determine the right dose and strength for your situation. Not all dosing options are listed. New drugs will be added as appropriate. Please check [www.wellmark.com](http://www.wellmark.com) for an up-to-date list of drugs.

<b>Drug Brand Name</b>	<b>Current Dosing Schedule</b>	<b>Target Dosing Schedule</b>
<b>Azor 5-20mg</b>	If taking two Azor 5-20mg per day	Move to one Azor 10-40mg per day
<b>Celexa 10mg</b>	If taking two Celexa 10mg per day	Move to one Celexa 20mg per day
<b>Celexa 20mg</b>	If taking two Celexa 20mg per day	Move to one Celexa 40mg per day
<b>Cenestin .0625mg</b>	If taking two Cenestin .0625mg per day	Move to one Cenestin 1.25mg per day
<b>Coreg CR 10mg</b>	If taking two Coreg CR 10mg per day	Move to one Coreg CR 20mg per day
<b>Coreg CR 20mg</b>	If taking two Coreg CR 20mg per day	Move to one Coreg CR 40mg per day
<b>Coreg CR 40mg</b>	If taking two Coreg CR 40mg per day	Move to one Coreg CR 80mg per day
<b>Crestor 5mg</b>	If taking two Crestor 5mg per day	Move to one Crestor 10mg per day
<b>Crestor 10mg</b>	If taking two Crestor 10mg per day	Move to one Crestor 20mg per day
<b>Crestor 20mg</b>	If taking two Crestor 20mg per day	Move to one Crestor 40mg per day
<b>Effexor XR 37.5mg</b>	If taking two Effexor XR 37.5mg per day	Move to one Effexor XR 75mg per day
<b>Effexor XR 75mg</b>	If taking two Effexor XR 75mg per day	Move to one Effexor XR 150mg per day
<b>Exforge 5-160mg</b>	If taking two Exforge 5-160mg per day	Move to one Exforge 10-320mg per day
<b>Januvia 25mg</b>	If taking two Januvia 25mg per day	Move to one Januvia 50mg per day
<b>Januvia 50mg</b>	If taking two Januvia 50mg per day	Move to one Januvia 100mg per day
<b>Lescol 20mg</b>	If taking two Lescol 20mg per day	Move to one Lescol 40mg per day
<b>Lexapro 5mg</b>	If taking two Lexapro 5mg per day	Move to one Lexapro 10mg per day
<b>Lexapro 10mg</b>	If taking two Lexapro 10mg per day	Move to one Lexapro 20mg per day
<b>Lipitor 10mg</b>	If taking two Lipitor 10mg per day	Move to one Lipitor 20mg per day
<b>Lipitor 20mg</b>	If taking two Lipitor 20mg per day	Move to one Lipitor 40mg per day
<b>Lipitor 40mg</b>	If taking two Lipitor 40mg per day	Move to one Lipitor 80mg per day
<b>Premarin 0.45mg</b>	If taking two Premarin 0.45mg per day	Move to one Premarin 0.9mg per day
<b>Premarin 0.625mg</b>	If taking two Premarin 0.625mg per day	Move to one Premarin 1.25mg per day
<b>Rapaflo 4mg</b>	If taking two Rapaflo 4mg per day	Move to one Rapaflo 8mg per day
<b>Toviaz 4mg</b>	If taking two Toviaz 4mg per day	Move to one Toviaz 8mg per day
<b>Venlafaxine ER 37.5mg</b>	If taking two Venlafaxine ER 37.5mg per day	Move to one Venlafaxine ER 75mg per day
<b>Venlafaxine ER 75mg</b>	If taking two Venlafaxine ER 75mg per day	Move to one Venlafaxine ER 150mg per day
<b>Venlafaxine ER 75mg</b>	If taking three Venlafaxine ER 75mg per day	Move to one Venlafaxine ER 225mg per day
<b>Zoloft 25mg</b>	If taking two Zoloft 25mg per day	Move to one Zoloft 50mg per day
<b>Zoloft 50mg</b>	If taking two Zoloft 50mg per day	Move to one Zoloft 100mg per day

\*Also applies to generic equivalent